



Philemon Wright High School
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www.hadleypwhs.com

PWHS
Enriched French &
General English Program
Exam Preparedness Handbook

Winter 2020

Exam Rules and Regulations

Subject-Specific Study Tips

Format Information

For more details, please visit <http://hadleypwhs.com/academics/>

Always double check the date and time of your exam against the Exam Schedule.

Hadley Junior High School and Philemon Wright High School

EXAM RULES & REGULATIONS

Please note: Some evaluations/exams will be held in-class before or after the mid-year schedule and before the year-end Finals. Attendance to all these exams is mandatory and the same examination rules and regulations apply to these in-class exams.

Exam Expectations:

1. Students are responsible for supplying their own pens, pencils, erasers, calculators, memory aid, dictionaries and rulers for each examination. Staff will NOT supply these on the day of the exam.
2. Students will receive a mark of "0" for any exam missed that is not supported by a *medical certificate* or *death certificate* (in the event of the death of an immediate family member). These are Ministry guidelines. All documentation supporting an absence must be forwarded to Ms. Barnes or Ms. Smith in the Guidance Office within five days of the absence.
3. All forms of CHEATING will result in a mark of ZERO for the exam. A ZERO on the exam may result in a failure of the course. The student will be suspended from school and subsequent exams.
4. Students will not have access to their lockers at any time during exams. During the writing of an exam, backpacks, purses, and jackets must be placed under your chair and not accessed during exams.
5. At Hadley, students must stay for the duration of the exam. At PW, students must stay for at least half of the maximum time for the exam (ie., must stay 1 hour for a 2 hour exam), except for English exams where students are required to stay for the entire length of the exam or if there are specific requirements outlined by the Ministry of Education.
6. Washroom breaks: Supervisors will escort a student (ONLY one student to be permitted a washroom break at a time). The student must a) not have a cellular device of any kind in their possession and b) be accompanied by a supervisor.
7. Bags and jackets: All student possessions are to be kept neatly under the student's desk during the entire time they are in the exam. Sometimes students will be asked to leave their belongings at the front or back of the room or gym. Students cannot access their bags or jackets for any reason once the exam begins. At Hadley only, a student may be allowed to access their bag for a) reading material or b) studying for their next exam and only after they have a) checked over their exam and b) their exam has been collected by their supervisor.
8. Students should check with their subject teachers for individual guidelines for use of textbooks or other resources during the exam period.

Behavioral Expectations:

9. Disruptive / Uncooperative Behavior: Any student who is disruptive, uncooperative and/or disrespectful during the exam period may be sent home (ie suspended) for the remainder of the exam period.
10. Cellular phones, iPods, and other electronic devices may be used/accessed in the school cafeteria only (the same school rule as the rest of the year). Access to these devices during the writing of an exam will be considered cheating. **CELL PHONES AND DEVICES MUST BE TURNED OFF.**
11. All school rules apply, **including the dress code**, for the entire exam period and for all school-related activities.

Need help?

A complete exam schedule has been provided to students and is available online at <http://hadleypwhs.com/academics/exams.html> . Students with conflicts should notify the guidance office after which a notice will be issued explaining how to proceed. Parents or students requiring further information concerning examinations should contact the guidance office.

Student Absences, Lates and Conflicts

- MEES Uniform Exams **MUST** be written on the exact date/time prescribed by the Ministry – there are no exceptions to this rule. Students who are absent for these exams will need to write the exam the next writing session (June, August)
- Teachers and Mrs. Payne should be contacted and consulted immediately upon discussion of any movement of exams for their students (conflicts or serious illness)
- Mrs. Payne approves any changes to a student's exam
- If a student misses an exam, one of the following arrangements will be put into place:
 - For unjustified reasons (sickness without a medical note, sleeping in, etc.), students will receive a mark of **zero** on the exam
 - For a justified reason [see Appendix], students will receive an **NE** (not evaluated) on the exam [in this situation, some teachers may request that the student still write the exam as a diagnostic but it will not be weighted]
 - It may be possible for the exam to be **proctored off-site** (only under special circumstances, must be pre-approved by Mrs. Payne)

Lates: Students will not be permitted to enter an exam after the first 30 minutes have elapsed.

- Late arrivals need a late slip from the attendance officer before going to their exam
- If there is a pre-arranged medical appointment approved by Administration that will have a student arriving after the first 30 minutes, they will only be permitted to enter the exam before the release of other students (first half) and with a valid medical note

Illness: A student/parent will be required to provide a medical note if absent from an exam. If a valid note is provided within 5 days of the exam, the student will be granted an NE. If no note is provided, the student will receive a zero.

Acceptable reasons for missing an exam and earning an NE (not evaluated) are:

- Serious illness or accident confirmed by a medical report or certificate;
- Death of a close relative;
- A court summons;
- Participation in an important event, determined in advance by the Principal in accordance with Ministry directives

BIOLOGY

Grade 11

Teachers: T. Ausman

Dates: February 7th 2020 1-3pm

Format: 100 marks; true/false, multiple choice, short constructed response

Items permitted into exam:

Pencils, pens, highlighters, erasers, pencil sharpeners

Tips:

- The exam has an increased emphasis on term 3 material: mendelian genetics, evolution, cladistics/phylogeny, domains/kingdoms, origin of life, and in depth knowledge of Kingdom Animalia
- Material from throughout the year will be there: cell biology and biological molecules; there will be *no cellular respiration or photosynthesis* as this made up the bulk of the midyear exam
- Use notes and videos on my website: missausman.weebly.com
- Study the biology checklist given in class
- Participate in in-class review sessions and come prepared to class

Chemistry

Grade 11

Teacher: C. Isernhagen

Dates: February 7th 2020, 9 – 11 AM

Format: 10 Multiple choice and 7 constructed response (calculations and word answers)

Items permitted into exam:

Calculator, pencil, eraser, sharpener, white-out, highlighter

Tips:

- Review your class notes.
- Review homework assignments, quizzes and tests.
- Student Study Guide is a good resource for review.
- Answer keys, notes and resources can be found at isernhagen.weebly.com

English

Grade 9

Teachers: Ms. Bacon, Mr. McConnell and Mr. Leclair

Exam Session dates: Response: February 4th, 9 to 12 (Three-hour block)

Items permitted into exam:

Pencils, pens, erasers, sharpener, white-out, highlighters, dictionary and water. No papers may be brought into and no work may leave the classroom/ exam area at any time.

Tips:

- Review reading and responding to texts. Read a story/chapter from a book/magazine, and consider the impact it makes on you, what the meaning and/or purpose of the text is, and the evidence from the text to back up that meaning.
- Review notes and handouts of Responses that you have written this year. Review your teacher's comments written on them. Review and summarize the texts and short films we have read and watched this year.

Grade 10

Teachers: Ms. Stevens, Ms. Wilkinson, Mr. Wouda

Dates: Monday, February 3rd, 9am

Format: Students will be writing a 400-600 word response to a short story. Individually, they will read a text and take notes identifying their initial thoughts and feelings. They will then re-read the text to identify the main ideas that support their initial response. During discussion, they will have an opportunity to discuss their ideas in small groups. Their response should show their understanding of the text by

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exploring the author's meaning, and the impact it had on them. Students should use details from the text, codes and conventions, and connections to help support their ideas.

Items permitted into exam:

Pencils, pens, erasers, sharpener, white-out, highlighters.

Tips:

- Review reading and responding to texts. Read a story/chapter from a book, and consider the impact it has on you, what the meaning of the text is, and the evidence from the story to back up that meaning.
- Review the codes and conventions for short story.
- Review all the texts we have studied this year so far. They make great connections!

Grade 11

Teachers:

Ms. Annan, Ms. MacInnis, Ms. Valela

Date:

Tuesday, Feb. 4, 2020, 9:00, a.m. - 12:00 p.m.

Format:

Reading Task

Reading a literary text and making notes (1 hr)

Discussion (20 mins)

Response to a literary text (1 hr 40 min) approximately 500-700 words

Items permitted into exam:

Pencils, pens, erasers, sharpener, white-out, highlighters

Tips:

Reading task:

- Read the text and take notes identifying your initial thoughts and feelings.
- Reread the text to identify elements in the writing that support your initial response.
- During discussion, you will suggest ideas to the group and build on the ideas through questioning, adding, supporting, and connecting to other texts and contexts.
- When responding, be sure to assess the author's meaning and the impact the text has on you.
- Use details from the text, codes/conventions, and reading strategies used in class to help you support your ideas,

Important information:

- The exam is written in a classroom setting.
- Note-taking during discussion is not permitted.
- Students remain in class for the full 3 hours.

Français de base + Français enrichi

All grades, all teachers

Dates:

French Sec 2 (repeat): Thursday February 6,th 2020 @ 1:00PM (2 hours)

French Sec 3 (Base/Enrichi): Thursday February 6,th 2020 @ 1:00PM (2 hours)

French Sec 4 (Base/Enrichi): Wednesday February 5,th 2020 @ 1:00PM (2 hours)

French Sec 5 (Base/Power Play): Wednesday February 5,th 2020 @ 9:00AM (2 hours)

French Sec 5 (Enrichi): Wednesday February 5,th 2020 @ 9:00AM (3 hours)

*** C1 Interaction exams (group discussions) will take place the week before and/or the week after mid-year exams.**

Compétence 2 : Lire des textes variés en français (à l'écrit)

1. **Apporter les bons outils**
Dictionnaire anglais/français

Always double check the date and time of your exam against the Exam Schedule.

Dictionnaire unilingue français (au besoin)
Crayon plomb **HB (seulement)** et gomme à effacer
Surligneurs
Lunettes (au besoin!)

2. **Lire attentivement chaque texte en entier**
Porter une attention particulière aux éléments autres que les mots du texte (titres, sous- titres, ponctuation, illustrations, etc.)
 3. **Annoter chaque texte** (soulignements, surlignements, notes en marges, etc.)
Utiliser vos **connaissances en lexique** (formation de mots, mots semblables de la langue maternelle, synonymes, etc.) et les **indices** présents dans le texte pour comprendre le sens des mots inconnus
Consulter le **dictionnaire** au besoin
 4. **Lire attentivement toutes les questions**
Surligner les pronoms interrogatifs et les mots-clés des questions

Questions à choix multiples :
 - Lire tous les choix de réponses
 - Procéder par élimination si nécessaire**Questions à réponse élaborée :**
 - Répondre par une phrase complète
 - Justifier son opinion par des idées **tirées des textes et accompagnées de liens personnels (en secondaire 5)**
 5. **Relire vos réponses et ne laisser aucune question sans réponse**
Vérifier d'avoir transcrit toutes vos réponses sur la feuille-réponses
Vérifier d'avoir identifié tous vos documents
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Contemporary World

Grade 11

Teachers: R. Falasconi , N. Mosher

Exam dates: Part 1 (in class) Tuesday, January 21st - 2020
Part 2 (in class) Friday, January 24th – 2020

Format:

Part 1 = multiple choice, read and interpret data from a table, labelling a map, reading, interpreting and extrapolating conclusions from a text, completing small numerical calculations and drawing observations/conclusions from their results.

Part 2 = multiple choice, completing a table provided, 3-4 short answer questions.

Items permitted into the exam:

Pencil , eraser, calculator, sharpener, highlighters. No memory aids or dictionaries will be permitted

A study guide/checklist will be provided to the students prior to the exam

History / Histoire

Grade 9

Teachers: Mr. S. Altenburg, Mr. N. Vincent

Dates: February 7th 2020, 9 – 12 AM

Format:

Students will have to complete approximately 15 short answer questions, a characterization question, and a interpretation essay question.

Items permitted into exam:

Pencils, pens, erasers, sharpener, white-out, highlighters. **NO** memory aids or dictionaries will be permitted in the exam.

Tips:

- HIS 304 Study Chapter 1: First Occupants and Chapter 2: French Rule Part 1- 4
- HIF 304: Étudier le chapitre 1 : L'expérience des Amérindiens et le projet de colonie et étudier le chapitre 2 : L'évolution de la société coloniale sous l'autorité de la métropole française

Always double check the date and time of your exam against the Exam Schedule.

- Review your notes: turn the headings into questions; cover the notes; answer your questions; uncover and read your notes.
- Make study guides from your notes to condense and contextualize the material. For example, while you are studying create a time line or mind map or both. Place the key points from your notes onto the timeline.
- Use your textbook to review Isms, key concepts, and to review and identify documents.
- Students should use the Test your Knowledge! and Ace the Exam! (À l'épreuve!) sections in the textbook to test their understanding of the content.
- Use old tests and classroom review to help study for Sec. 3 and 4 History / Histoire. Teachers model test questions on exam questions (i.e. wording, etc.).
- HIS 304 do the interactive workshops on the relevant chapters on the online forum (<http://cheneliere.ca/Accueil.html>).
- HIF 304 : Les révisions en ligne et devoirs seront disponibles à nouveau pour pratiquer.

Grade 10

Teachers: Ms. M. McConnell, Mr. N. Vincent

Dates: February 7th 2020, 9 – 12 AM

Format:

Test format for the mid-year (Questions Booklet, Document File, etc.) is the same format as final exam. Students will have to complete approximately 19 short answer questions, a characterization question, and an interpretation essay question.

Items permitted into exam:

Pencils, pens, erasers, sharpener, white-out, highlighters. **NO** memory aids or dictionaries will be permitted in the exam.

Tips:

- HQC 404: Study Chapter 1: Canadian Federal System, Chapter 2: Nationalism and Autonomy of Canada, Chapter 3: The Modernization of Quebec and the Quiet Revolution, and Chapter 4: Societal Choices in Contemporary Quebec.
- HIF 404: Étudier le chapitre 1 : La formation du régime fédéral canadien et le chapitre 2 : Les nationalismes et l'autonomie du Canada (Dossiers 1 à 5)
- Review your notes: turn the headings into questions; cover the notes; answer your questions; uncover and read your notes.
- Make study guides from your notes to condense and contextualize the material. For example, while you are studying create a time line or mind map or both. Place the key points from your notes onto the timeline.
- Use your textbook to review Isms, key concepts, and to review and identify documents.
- Students should use the Test your Knowledge! and Ace the Exam! (À l'épreuve!) sections in the textbook to test their understanding of the content.
- Use old tests, midterms, and classroom review to help study for Sec. 3 and 4 History / Histoire. Teachers model test questions on exam questions (i.e. wording, etc.).
- HQF 404 : Les révisions en ligne et devoirs seront disponibles à nouveau pour pratiquer.

Math

Tips (all grades, all teachers)

- Pay attention in class:
The more exposure you have to the material, the easier it will be to recall the steps to doing a problem later. Your teacher will do lots of example problems that resemble the problems that will be on exams.
- Review your notes:
Make sure to read all of the notes you took, including the examples. Your notes include applications of the formulas that you're expected to know, which will be useful for truly understanding the material. If you have read the text and tried some of the problems, but still do not understand how to do them, see your teacher for help.
- Do the problems, don't just read them:
In math you have been assigned problems that your teacher feels are most useful. Doing problems is the most valuable use of your study time. A lot of exam problems are extremely similar to homework problems. Do as many problems as you can so that you can get as much practice as possible and be introduced to different set ups of the problem. In this way, you have the tendency to understand the formulas and the given problems. Solve some problems even if you don't know the answer and let someone check it for you. Struggling with a problem for some time will be much more beneficial, because you may find a new way to understand the problem, even if in the end you need to look up the answer anyway. Take your old tests and cover up the answers. Now do each question and check your answers after you have given your best effort (it's also a good reason to correct tests as they are returned).
- Study with a friend:

Always double check the date and time of your exam against the Exam Schedule.

Have a friend make practice questions and see if you can do them. It helps to make your own problems because you are more likely to remember them. You can also help one another when you tackle more difficult problems. Different people see concepts in different ways. Something that you have difficulty understanding may come easily to a study partner. Having his/her perspective on a concept may help you to comprehend it. You can also compare your memory aids and make sure they include all the information you will need for the exam.

- Start studying early:
Start studying while you still have time to go to your teacher for answers if you need to. If you start studying too late, you leave yourself with no options and opportunities to study.
- Have the proper materials:
Always have your own pencil, eraser, sharpener, geometry set and highlighters. Use the same calculator (your own) all the time. Trying to learn how to use a borrowed calculator can be very stressful. Make sure you've prepared your own memory aid and that you haven't simply copied someone else's. If you need to refer to your notes or examples to complete a question make sure you put a complete working example of that topic on your memory aid. Remember, copying formulas onto a memory aid is NOT studying.

Grade 8 Math Format (for classes of P. Audet, T Maurice)

Mathematical Reasoning Exam (Competency 2)

Date: Mon, Feb 3 from 9:00 am to 12:00 pm (3 hour exam).

- This exam will consist of 6 multiple choice questions (4 marks each), 4 short answer questions (4 marks each) and 6 long answer questions (10 marks each).
- This exam will be given in two booklets (question booklet and a student booklet).
- The exam will evaluate all the content covered in Terms 1 and 2
- The exam will be marked out of 100.

Situational Problem (Competency 1)

Date: Wed, Feb 5th from 9 am to 11:30 (2.5 hour exam)

- This exam will consist of one Situational Problem with only 1 booklet.
- The exam will evaluate all the content covered in Terms 1 and 2.
- The exam will be marked out of 100.
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Items permitted into exam:

Pencils, highlighters, eraser, sharpener, white-out, geometry set, scientific calculator and one 8.5"x11" double-sided hand-written memory aid.

Grade 9 Math Format (for classes of P. Messier, D. MacDonald, and L. Botros):

Date: Competency 1 – Wednesday, February 5 from 9:00 pm to 11:00 pm (2-hour exam).

- This exam will consist of a Situational Problem.
- The exam will consist of a task booklet and an answer booklet.
- The exam will evaluate all the content covered in Terms 1, and 2 (Chapters 1 to 4).
- The exam will be marked out of 100.
- The exam will count in the 30% of the student's mark allotted for Competency 1.

Items permitted into exam:

Pencils, highlighters, eraser, sharpener, white-out, geometry set, scientific calculator and one 8.5"x11" double-sided hand-written memory aid.

Grade 10 Cultural Math Format (for classes of M. Gervais):

Date: Competency 2 - Thursday, February 6 from 9am-12pm (3 hours)

- The exam will consist of 6 multiple choice questions (4 marks each), 4 short answer questions (4 marks each) and 6 long answer questions (10 marks each).
- The exam will consist of one booklet and one answer sheet
- The exam will be marked out of 100
- The exam will evaluate all of the content covered in Terms 1 and 2
- The exam is weighted at 1/3 of the Competency 2 mark in term 3 (equivalent to 7% of the year)

Items required:

Pencils, erasers, rulers, approved scientific calculators and one 8.5"x11" double-sided hand written memory aid prepared by the student.

Always double check the date and time of your exam against the Exam Schedule.

Grade 10 Science Math Format (for classes of R. Khan):

Date: Competency 2 - Thursday, February 6 from 9am-12pm (3 hours)

- The exam will consist of 6 multiple choice questions (4 marks each), 4 short answer questions (4 marks each) and 6 long answer questions (10 marks each).
- The exam will consist of one booklet
- The exam will be marked out of 100
- The exam will evaluate all of the content covered in Terms 1 and 2
- The exam is weighted at 1/3 of the Competency 2 mark in term 3 (equivalent to 7% of the year)

Items required:

Pencils, erasers, rulers, approved scientific calculator, multiplication table, and one 8.5"x11" double-sided hand written memory aid prepared by the student.

Grade 11 Cultural Math Format (for classes of C. James):

Date: Competency 2 - Monday, January 27 from 9am-12pm (3 hours)

- The exam will consist of 6 multiple choice questions (4 marks each), 4 short answer questions (4 marks each) and 6 long answer questions (10 marks each).
- The exam will consist of one booklet
- The exam will be marked out of 100
- The exam will evaluate all content covered in Terms 1 and 2.
- The exam is worth ~32.5% of Competency 2 in Term 2.

Items required:

Pencils, erasers, rulers, approved scientific calculators and one 8.5"x11" double-sided hand-written memory aid prepared by the student.

Grade 11 Science Math Format (for classes of C. James, S. Stringer):

Date: Competency 2 - Monday, February 3rd, 2020 from 9am-12pm (3 hours)

- The exam will consist of 6 multiple choice questions (4 marks each), 4 short answer questions (4 marks each) and 6 long answer questions (10 marks each).
- The exam will consist of one question booklet and one student booklet for your solutions
- The exam will be marked out of 100
- The exam will evaluate all of the content covered in Terms 1 and 2
- The exam is worth ~32.5% of Competency 2 in Term 2.

Items required:

Pencils, erasers, rulers, approved scientific calculators and one 8.5"x11" double-sided hand-written memory aid prepared by the student.

Science

Grade 9

Teachers: T. Ausman, D. Pyke

Dates: Monday February 3 2020 1-3

Items permitted into exam:

Pencils, pens, erasers, sharpener, white-out, highlighters

Tips:

- Go over textbook (workbook questions). Review old quizzes/tests
- Attend remediation as needed at lunch (Ausman open every day except Day 5)
- Review videos and posted materials on missausman.weebly.com
- Know materials in detail from all chapters in the course; do not study just general knowledge; rather know the definitions and details of all biological systems, technical objects, and
- Study with a friend (peer tutor).

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- Keep study time short, 20-30 minutes, then take a break and study another subject.

Format: The exam consists of 3 sections:

- PART A - multiple choice 25
- PART B – short constructed response
- PART C – technical object and analysis

Grade 10 STA 416 (Applied Science and Technology)

Teachers: Mr. Basu, Mr. Campbell, Mrs. Isernhagen

Date: Tuesday February 4 2020 1-3

STA416 (Regular Grade 10 Science)

Format: The exam will have 2 parts:

Part A: 16 multiple choice questions worth 4 marks each (total marks = 64)

Part B: 4 short answer questions worth 36 marks total)

The exam is out of 100 marks total.

Items permitted into exam:

Pencils, pens, erasers, sharpener, white-out, highlighters, calculator, ruler

Tips:

- Review concepts REPEATEDLY until you know them
- Your notes, old tests, mock exams and on-line review study guide should be your primary study tools.
- Numerical practice problems (ie: practice doing sample calculation problems from old tests and assignments).
- Use the textbook as a reference for all material covered. In the table of contents it is indicated which sections your course covers (Applied Science covers BLUE sections).
- Study in pairs to quiz each other using practice problems you make up.
- Be careful with your conversion of units (eg. $5\text{kW} = 5000\text{W}$).

- You will be given the formulas on a separate sheet.
- No memory aid allowed.
- No graphing calculator allowed.
- Focus on content from the following chapters: 3, 4, 5, 12 and 14

Grade 10 SCE402 (Science and the Environment)

Teachers: Mr. Basu and Dr. Ausman

Date: TBD end of March in class exam for 50 minutes

Format: The exam will have 2 parts

Part A: 10 multiple choice questions worth 4 marks each (total = 40)

Part B: 5 short answer questions worth 4 marks each (total = 20)

The exam is out of 60 marks total.

Items permitted into exam:

Pencils, pens, erasers, sharpener, white-out, highlighters, scientific calculator, ruler

Tips:

- Review concepts REPEATEDLY until you know them
- Your notes, old tests and mock exams should be your primary study tools
- Numerical practice problems (ie: practice doing sample calculation problems from old tests and assignments).
- Use the textbook as a reference for all material covered. In the table of contents it is indicated which sections your course covers (SCE402 covered in GREEN sections of textbook).
- Study in pairs to quiz each other using practice problems you make up.
- Be careful with your conversion of units.
- The exam will cover all the chemistry we have covered.
- You will be given the formulas on a separate sheet.
- No memory aid allowed.

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- No graphing calculator allowed.

Grade 11 Physics

Teachers: S. Stringer

Dates: Tuesday February 6th 2020 1:00-3:00

Format:

- The exam covers units 1-4; Vectors, Forces, Kinematics, Dynamics
- You will be given the formulas on a separate sheet. No memory aid allowed.
- Bring a ruler, protractor and a scientific calculator
- 10 multiple choice and 7 Constructed Responses. Each question is worth 4 marks.

Items permitted into exam:

Pencils, pens, erasers, sharpener, white-out, highlighters

Tips:

- Give yourself several days to practice; you can only study so much in a day!
- Collect all of your assignments, quizzes and tests.
- Practice them REPEATEDLY until you know them. Cover the answers, do the problem and then check your answers. Keep track of those that you answer incorrectly and practice these again on another day.
- Use your notes, assigned practice problems from the textbook, and extra practice problem files found on my website.
- Study in pairs.

More Tips and Tricks!

- "I can do this!" is one of the biggest supports you can give yourself. Have confidence!
- Create note cards to summarize main ideas and key words to review at a glance.
- Make sure your study area is free of clutter, has plenty of room, and is free of interruptions.
- Make a schedule of what you are going to cover and when. As you complete a goal treat yourself.
- As you study - keep a list of any ideas you don't understand then you can ask your teacher for clarification at the next day's lunch hour help session.
- Schedule short and productive study sessions. Don't plan on studying for several (three) hours continuously.
- Eat a light snack prior to study sessions. If you are hungry, you won't concentrate and if you eat too much you will be sleepy.
- Schedule a question and review session where someone unfamiliar with the subject asks you questions and you teach it to them.
- If you are traveling on the bus to school, read your notes and study materials. This is what "use your travel time productively" means!
- As exam time approaches, avoid the temptation to cram. Regular review will produce better results.
- Plan your study time to allow you to get to bed at a decent hour and get a full night's sleep.
- Eat breakfast the morning of the exam.

Always double check the date and time of your exam against the Exam Schedule.

